

Mad Mex menu item	Dairy and Eggs (D)	Gluten (G)	Peanut Allergy (P)	Soy Allergy (S)	Allergen	Sub for Dairy Allergy	Sub for Gluten Allergy	Peanut Allergy Option	Soy Allergy Option
SALSAS AND DIPS									
Avocado-Tomatillo Salsa									
Fire-Roasted Tomato-Chipotle Salsa				x	(S) Oil				None
Guacamole				x	(S) Mad Mex Salsa				None
Kaya Yucatan Black Bean Dip	x			x	(D) Parm. Cheese in Dip (D) Mayo (Eggs) in Dip (D) Monterey Jack Cheese on Top (S) various elements	None			None
Mad Mex Chips & Salsa				x	(S) various elements				None
Original Salsa				x	(S) Oil				None
Pepita Hummus Dip			x	x	(P) Pepitas prepared in factory alongside peanuts (S) various elements			None	None
Pepita Hummus with Pitas		x	x	x	(G) Pita Bread (Flour) (P) Pepitas prepared in factory alongside peanuts (S) various elements		No Pita Bread; Substitute Tortilla Chips	None	None
Pico de Gallo				x	(S) Oil				None
Pineapple-habanero Salsa				x	(S) Oil				None
XX Cheese Dip	x	x		x	(D) Cheese (D) Heavy Cream (G) Contains Beer (S) cheese	None	None		None
APPETIZERS									
Jersey Chips	x	x		x	(D) XX Cheese Dip (Heavy Cream) (D) Ranch Dressing (D) Blue Cheese Dressing (G) Fries contain Wheat (S) various elements	No Cheese Dip No Ranch Dressing No Blue Cheese Dressing	None		None
Nachos Grande	x			x	(S) various elements (D) Monterey Jack Cheese (D) Sour Cream	No Cheese or use Soy Cheese No Sour Cream or Use Tofu Sour Cream			None
Pennsylvucky Tofu			x	x	(P) Peanuts (S) various elements			No Peanuts	None
Potato Taquitos	x	x		x	(D) Monterey Jack Cheese (D) Heavy Cream and Butter in Mashers (G) Flour Tortilla (S) various elements	None	None		None
Shrimp and Fun Guy Taquitos	x	x		x	(D) Heavy Cream in Filling (G) Flour Tortilla (S) various elements	None	None		None

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SOUPS AND CHILIS									
Black Bean Soup	x			x	(D) Sour Cream Garnish (S) Soup	Tofu Sour Cream			None
Chickpea Chili	x			x	(D) Monterey Jack Cheese and Sour Cream Garnish (S) Soup	Soy Cheese and Tofu Sour Cream			None
Red Bean Turkey Chili	x			x	(D) Sour Cream Garnish (S) Soup	Tofu Sour Cream			None
Tortilla Soup	x			x	(D) Monterey Jack Cheese Garnish (S) Soup	Soy Cheese			None
LOS WINGOS									
Classic Buffalo				x	(S) Fryer oil, Sauces				None
Honey Chipotle BBQ				x	(S) Fryer oil, Sauces				None
San Francisco				x	(S) Fryer oil, Sauces				None
Southwestern				x	(S) Fryer oil, Sauces				None
El No Bono (Boneless)		x		x	(G) Chicken Coated in Flour (S) Fryer oil, Sauces		None		None
SALADS									
California Grilled Salad	x	x		x	(D) Monterey Jack Cheese (G) Flour Tortilla (S) Dressing, tortilla, proteins, pepitas	Soy Cheese	Corn Tortilla or No Tortilla		No tortilla, no dressing, no pepitas, sub carnitas
Casa Salad	x	x	x	x	(D) Blue Cheese Crumbles (G) Flour Tortilla (P) Pepitas prepared in same factory as Peanuts (S) Dressing, tortilla, proteins, pepitas	Soy Cheese	Corn Tortilla or No Tortilla	No Pepitas	No tortilla, no dressing, no pepitas
Chopper Salad		x		x	(G) Flour Tortilla (S) Dressing, tortilla, proteins, pepitas		Corn Tortilla or No Tortilla		No tortilla, no dressing, no pepitas, sub carnitas
Mahi Mahi Salad	x	x	x	x	(D) Aioli (Eggs) (G) Flour Tortilla (P) Pepitas prepared in same factory as Peanuts (S) Dressing, tortilla, proteins, aioli, pepitas	No Aioli	Corn Tortilla or No Tortilla	No Pepitas	No tortilla, no dressing, no pepitas, no aiolia, no pepitas, sub carnitas
Taco Salad	x	x		x	(D) Monterey Jack Cheese (G) Flour Tortilla (S) Dressing, tortilla, proteins, peppers, onions, pepitas	Soy Cheese	No Tortilla Shell		No tortilla, no dressing, no peppers, no onions, no pepitas, sub carnitas

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SALAD DRESSINGS									
Blue Cheese (Fromage Bleu)	x			x	(D) Mayonnaise (Eggs) (D) Sour Cream (D) Blue Cheese	None			none
House Vinaigrette	x			x	(D) Egg Yolks	None			none
Lime Cilantro Vinaigrette	x			x	(D) Parmesan Cheese	None			none
Ranch	x			x	(D) Buttermilk (D) Mayonnaise (Eggs) (D) Sour Cream	None			none
Vegan Chipotle Ranch				x					none
BURRITOS									
Angry Hippie/STP Burrito	x	x		x	(D) Monterey Jack Cheese (D) "Cactus Sauce"(Sour Cream) (G) Flour Tortilla (S) various	Soy Cheese No "Cactus Sauce"	"Bare-ito" Burrito		None
Carnitas Burrito	x	x		x	(D) Monterey Jack Cheese (D) "Cactus Sauce" (Sour Cream) (D) Dairy in Cornbread (Cream, Butter, Eggs & Milk) (G) Flour Tortilla	Soy Cheese No "Cactus Sauce" No Cornbread	"Bare-ito" Burrito		None
Chickpea Chili Burrito	x	x		x	(D) Monterey Jack Cheese (D) "Cactus Sauce" (Sour Cream) (G) Flour Tortilla	Soy Cheese No "Cactus Sauce"	"Bare-ito" Burrito		None
Chicken Mole Burrito	x	x	x	x	(D) Monterey Jack Cheese (D) Cotija Cheese (G) Flour Tortilla (P) Peanuts in Mole Sauce	Soy Cheese	"Bare-ito" Burrito	None	None
Chicken Chickpea Chili Burrito	x	x		x	(D) Monterey Jack Cheese (D) "Cactus Sauce" (Sour Cream) (G) Flour Tortilla	Soy Cheese No "Cactus Sauce"	"Bare-ito" Burrito		None
Dance Marathon Burrito	x	x			(D) Monterey Jack Cheese (D) "Cactus Sauce" (Sour Cream) (G) Flour Tortilla	Soy Cheese No "Cactus Sauce"	"Bare-ito" Burrito		None
Fajita Burrita	x	x		x	(D) Monterey Jack Cheese (D) "Cactus Sauce" (Sour Cream) (G) Flour Tortilla	Soy Cheese No "Cactus Sauce"	"Bare-ito" Burrito		None
Kristy's Big Sister's Red Velvet Burrito	x	x		x	(D) Monterey Jack Cheese (D) "Cactus Sauce" (Sour Cream) (G) Flour Tortilla	Soy Cheese No "Cactus Sauce"	"Bare-ito" Burrito		None
Mad Mex Burrito	x	x		x	(D) Monterey Jack Cheese (D) "Cactus Sauce" (Sour Cream) (G) Flour Tortilla	Soy Cheese No "Cactus Sauce"	"Bare-ito" Burrito		None
Pico Burrito	x	x		x	(D) Monterey Jack Cheese (D) "Cactus Sauce" (Sour Cream) (G) Flour Tortilla	Soy Cheese No "Cactus Sauce"	"Bare-ito" Burrito		None
Red Bean Turkey Chili Burrito	x	x		x	(D) Monterey Jack Cheese (D) "Cactus Sauce" (Sour Cream) (D) Dairy in Cornbread (Cream, Butter, Eggs & Milk) (G) Flour Tortilla	Soy Cheese No "Cactus Sauce" No Cornbread	"Bare-ito" Burrito		None

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Shrimp Mushroom Spinach Burrito	x	x		x	(D) Monterey Jack Cheese (D) "Cactus Sauce" (Sour Cream) (G) Flour Tortilla	Soy Cheese No "Cactus Sauce"	"Bare-ito" Burrito		None
Spicy Mad Mex Burrito	x	x		x	(D) Monterey Jack Cheese (D) "Cactus Sauce" (Sour Cream) (G) Flour Tortilla	Soy Cheese No "Cactus Sauce"	"Bare-ito" Burrito		None
Super Mad Mex Burrito	x	x		x	(D) Monterey Jack Cheese (D) "Cactus Sauce" (Sour Cream) (G) Flour Tortilla	Soy Cheese No "Cactus Sauce"	"Bare-ito" Burrito		None
Thai Curry Burrito		x	x	x	(G) Flour Tortilla (P) Peanuts in Burrito and in Curry Sauce		"Bare-ito" Burrito	No Peanuts and No Curry Sauce	None
Wing-o-Rito	x	x		x	(D) Monterey Jack Cheese (D) "Cactus Sauce" (Sour Cream) (G) Flour Tortilla (S) various	Soy Cheese No "Cactus Sauce"	"Bare-ito" Burrito		None
Veggie Burrito	x	x		x	(D) Monterey Jack Cheese (D) "Cactus Sauce"(Sour Cream) (G) Flour Tortilla (S) various	Soy Cheese No "Cactus Sauce"	"Bare-ito" Burrito		None
CHIMI									
Chicken Chimichanga	x	x		x	(D) Monterey Jack Cheese (D) Cream and Parm. Cheese in Pink Sauce (G) Flour Tortilla (S) various	None	None		None
ENCHILADAS									
Carnitas Enchilada	x			x	(D) Monterey Jack Cheese (D) Dairy in Cornbread (Cream, Butter, Eggs & Milk) (S) various	Soy Cheese No Cornbread			No red sauce, sub tomatillo salsa
Chicken Mole Enchilada	x		x	x	(D) Monterey Jack Cheese (D) Cotija Cheese (P) Peanuts in Mole Sauce (S) various	Soy Cheese		None	None
Dance Marathon Enchilada.	x			x	(D) Monterey Jack Cheese (S) various	Soy Cheese			None
Kristy's Big Sister's Red Velvet Enchilada	x			x	(D) Monterey Jack Cheese (S) various	Soy Cheese			None
Mad Mex Enchilada	x			x	(D) Monterey Jack Cheese (S) various	Soy Cheese			None
Super Mad Mex Enchilada	x			x	(D) Monterey Jack Cheese (S) various	Soy Cheese			None
Veggie Enchilada	x			x	(D) Monterey Jack Cheese (S) various	Soy Cheese			None

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QUESADILLAS									
Black Beanie Quesadeenie	x	x		x	(D) Black Bean Dip Contains Parmesan Cheese and Mayo (Eggs) (G) Flour Tortilla (S) various	None	Corn Tortilla		none
Carnitas Quesadilla (WHEAT)	x	x		x	(D) Monterey Jack Cheese (G) Wheat Tortilla (S) various	Soy Cheese	Corn Tortilla		none
Happy Hippie/STP Quesadilla	x	x		x	(D) Monterey Jack Cheese (G) Flour Tortilla (S) various	Soy Cheese	Corn Tortilla		none
Kristy's Big Sister's Red Velvet Quesadilla	x	x		x	(D) Monterey Jack Cheese (G) Flour Tortilla (S) various	Soy Cheese	Corn Tortilla		none
Mad Mex Quesadilla.	x	x		x	(D) Monterey Jack Cheese (G) Flour Tortilla (S) various	Soy Cheese	Corn Tortilla		none
Shrimp Mushroom Spinach Quesadilla	x	x		x	(D) Monterey Jack Cheese (G) Flour Tortilla (S) various	Soy Cheese	Corn Tortilla		none
FAJITAS (All Proteins Grilled to Order)									
Chicken Fajitas	x	x		x	(D) "Fajita Juice" contains Butter (D) Monterey Jack Cheese and Sour Cream on Top Plate (G) Flour Tortillas (S) various	No "Fajita Juice" Soy Cheese & Tofu Sour Cream	Corn Tortillas		none
Combo Fajitas (a.k.a. Mondo Combo Fajito)	x	x		x	(D) "Fajita Juice" contains Butter (D) Monterey Jack Cheese and Sour Cream on Top Plate (G) Flour Tortillas (S) various	No "Fajita Juice" Soy Cheese & Tofu Sour Cream	Corn Tortillas		none
Mahi Mahi Fajitas	x	x		x	(D) "Fajita Juice" contains Butter (D) Monterey Jack Cheese and Sour Cream on Top Plate (G) Flour Tortillas (S) various	No "Fajita Juice" Soy Cheese & Tofu Sour Cream	Corn Tortillas		none
Steak Fajitas	x	x		x	(D) "Fajita Juice" contains Butter (D) Monterey Jack Cheese and Sour Cream on Top Plate (G) Flour Tortillas (S) various	No "Fajita Juice" Soy Cheese & Tofu Sour Cream	Corn Tortillas		none
Shrimp Fajitas (a.k.a. Skewered Jumbo Shrimp Fajitas)	x	x		x	(D) "Fajita Juice" contains Butter (D) Monterey Jack Cheese and Sour Cream on Top Plate (G) Flour Tortillas (S) various	No "Fajita Juice" Soy Cheese & Tofu Sour Cream	Corn Tortillas		none
Tofu-Porto Fajitas (a.k.a. Overtly Masculine Grilled Portabello with Foo-Foo Tofu Fajita)	x	x		x	(D) "Fajita Juice" contains Butter (D) Monterey Jack Cheese and Sour Cream on Top Plate (G) Flour Tortillas (S) various	No "Fajita Juice" Soy Cheese & Tofu Sour Cream	Corn Tortillas		none

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TACOS									
Chicken Tacos	x	x		x	(D) Red Pepper Cream Sauce (Sour Cream) (G) Flour Tortilla ☞	No Red Pepper Cream Sauce	Corn Tortilla		none
Fried Fish Tacos	x	x		x	(D) Aioli (Eggs) (G) Flour Tortilla (S) various	No Aioli	Corn Tortilla		none
Grilled Fish Tacos	x	x		x	(D) Aioli (Eggs) (G) Flour Tortilla (S) various	No Aioli	Corn Tortilla		none
Grilled Steak Tacos		x		x	(G) Flour Tortilla (S) various		Corn Tortilla		none
Nacho Momma's Taco Platter	x	x		x	(D) Monterey Jack Cheese (G) Flour Tortilla (S) various	Soy Cheese or No Cheese	Corn Tortilla		none
Tofu Tacos (Herb O'voré's Tofu Tacos)		x		x	(G) Flour Tortilla (S) various		Corn Tortilla		none
Wing-o Tacos	x	x		x	(D) Monterey Jack Cheese (G) Flour Tortilla (G) Flour on Chicken (G) Flour on Fries (S) various	Soy Cheese or No Cheese	Corn Tortilla Use Grilled Chicken No Fries		none
HAND MEX									
Grilled Chicken Torta	x	x	x	x	(D) Monterey Jack Cheese (D) Aioli (Eggs) (G) Flour Pita Bread (P) Hummus - Pepitas prepared in same factory as Peanuts (S) various	Soy Cheese or No Cheese No Aioli	"Bare-ito" style in a bowl	No Hummus	None
Los Wingos Wrap	x	x		x	(D) Monterey Jack Cheese (G) Flour Tortilla (G) Chicken Flour Coated (G) Fries Flour Coated (S) various	Soy Cheese or No Cheese	None		None
ON THE SIDE									
Black Beans									
Blue Cornbread	x				(D) Dairy in Cornbread (Cream, Butter, Eggs & Milk) (S) various		None		None
Guacamole				x	(S) various				None
Jalapeño Peppers									
Mexican Rice									
Rice and Beans with Cheese	x				(D) Monterey Jack Cheese	Soy Cheese or No Cheese			
Spicy Spinach									
Waffle Fries		x		x	(G) Flour in Fries (S) Fries		None		None

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DESSERTS									
Ice Cream Burrito	x	x	x	x	(D) Ice Cream (D) Whipped Cream (G) Choc. Brownie (Flour) (G) Flour Tortilla (S) various	None	None	None	None
Mexican Chocolate Brownie	x	x	x	x	(D) Ice Cream (D) Whipped Cream (G) Choc. Brownie (Flour) (S) various	No Ice Cream or Whipped Cream	No Brownie	None	None
Sopapillas	x	x		x	(D) Whipped Cream (D) Cream and Milk in Dough (G) Flour in Dough (S) various	None	None		None
Vanilla Ice Cream	x			x	(D) Ice Cream (D) Whipped Cream (S) various	None			None
KIDS MENU									
California Chicken Salad	x	x		x	(D) Monterey Jack Cheese (G) Flour Tortilla (S) Various	Soy Cheese or No Cheese	Corn Tortilla		None
Dino Nuggets	x	x		x	(D) Butter on Corn (G) Fries Contain Wheat (S) Nuggets	Unbuttered Corn	No Fries		None
Kiddie Beefie Nachos	x			x	(D) Monterey Jack Cheese (S) various	Soy Cheese			None
Kid's Brownie	x	x	x	x	(D) Ice Cream (D) Whipped Cream (G) Choc. Brownie (Flour) (S) various	No Ice Cream or Whipped Cream	No Brownie	None	None
Kiddo Burrito	x	x		x	(D) Monterey Jack Cheese (D) Butter on Corn (G) Flour Tortilla (S) various	Soy Cheese Unbuttered Corn	"Bare-ito" Burrito		None
Kid's Quesadilla	x	x		x	(D) Monterey Jack Cheese (D) Butter on Corn (G) Flour Tortilla (S) various	Soy Cheese Unbuttered Corn	Corn Tortilla		Cheese quesadilla on corn tortillas with rice and beans
Grilled Chicken (Why Did the Chicken Cross the Grill?)	x	x		x	(D) Butter on Corn (S) various	Unbuttered Corn			None
Mac-N-Cheese	x			x	(D) Cheese sauce and Milk on pasta (S) Various	None			None
Tom's Hard or Soft Taco	x	x		x	(D) Monterey Jack Cheese (G) Soft Shells are Flour Tortillas (S) various	Soy Cheese	Hard Shells are corn Tortillas		Cheese tacos on corn tortillas with rice and beans
Kid's Pizza	x	x		x	(D) Cheese (G) Flour in Bread (S) various	None	None		None

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